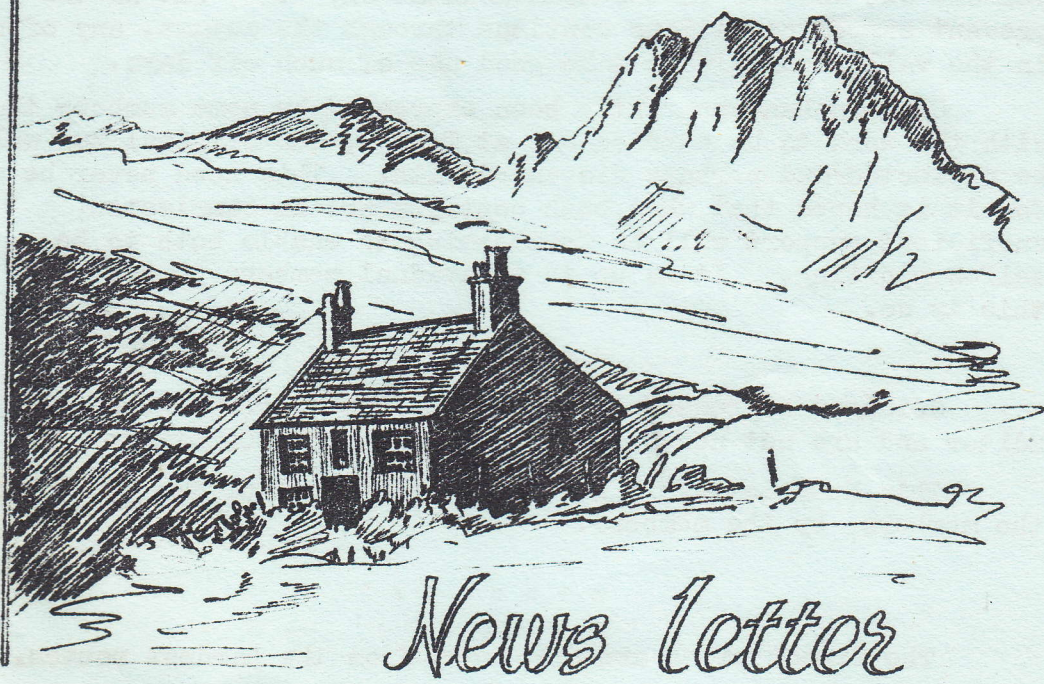


The Ceuinant

MOUNTAINEERING CLUB



News Letter

EDITORIAL

The second issue of the Ceunant News Letter is significant for the news of the final acquisition of our hut, "Tyn Lon" in Nant Peris. The advantages of this site are too obvious to recapitulate, and we can be very proud to know that the whole is completely due to the solidarity of the response of all members immediately the matter was raised. In every way this project has had the backing of everyone and is indicative of the keenness which could carry our Club to worthwhile recognition in the world of mountaineering.

Now that the purchase is an established fact, the fullest details of progress are given in the following pages, from which it will be seen that the project is indeed an ambitious undertaking for a Club of our size, and it is self-evident that the full support already accorded cannot for a moment be slackened.

The working party arrangements have been designed to act as some incentive (if ever needed!) and a compensation to members for the giving of their recreational time. We never welcome wet weather in the mountains at any time, but if the present summer conditions continue through the autumn, any of us in the valley can always make good use of such off days.

Concern has apparently been expressed by some members that with the work to be carried out at Tynlon, our original hut will be neglected and perhaps dispensed with. This need never be so for it is hoped that when both cottages are in commission, sufficient support will be forthcoming to enable both to be self-supporting. It is up to individual members to see that this is so.

M. KING.

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Opinions expressed in this News Letter are those of the Editor and are not necessarily endorsed by the Committee.

This News Letter is intended for the use of the Club, for the members, by the members.

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The finest views are only seen from the hardest routes.

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A.F. MUMMERY.

NOTICE OF EXTRAORDINARY MEETING

Prior to the showing of Members' Slides on Wednesday, 24th September, an Extraordinary Meeting will be held to vote on the Committee's recommendations as follows:-

- a) That the Annual Subscription shall be raised from 10/6d to 15/- as from 1st January 1959.
- b) That a joint subscription of 22/6d per annum shall be charged where a man and his wife are both members.
- c) That as from the date of this meeting, an entrance fee of 5/- shall be charged to new members.

The Committee hope that all members will endeavour to be present in order that the above recommendations may be discussed. The meeting will start at 7.30 p.m. prompt. It is not proposed to send a letter out to members notifying them of this meeting. So please treat this as the requisite notice.

CLIMBING NEWS

The appalling weather conditions generally seem to have literally damped activities amongst members, and although some notable routes have been done by those able to go out regularly, general reference to the hut log shows rain interfering with most week-ends.

General toughening up routine has been noted as being indulged in by one group with an eye to some hard winter experience, given suitable conditions; though it is regretted that a fine night was selected for one of the high level bivouacs and the second was abandoned at 2.30 a.m. Disgraceful!

A Club party has done Munich on one of the finer week-ends, and found it easier than anticipated, though serious and hard to protect. Kaisergebirge Wall was also climbed the same week-end.

A large party has climbed Longlands and Ivy Sepulchre has also been done by Club members. Club parties are doing severe climbs on the Three Cliffs quite regularly, some in poor conditions.

One gentleman claims the doubtful 'record' of sixteen routes led in twelve days climbing, none harder than V. Difficult!

A notable achievement this year has also been a second traverse of the Three Thousands, an example for everybody.

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It is a decision of the Rock Climbing Sub-Committee to publish for the careful attention of all members, the following extract from the Manchester Guardian concerning the unfortunate accident to two C.C. members on Sunday, 27th July.

"A WARNING TO CLIMBERS. Theory of Fatal Fall.

A possible cause of the fatal climbing accident on Glyder Fawr on Sunday, and of many other unexplained climbing accidents which have occurred in the past few years, was suggested last night by Mr. Christopher Briggs, the proprietor of the Penygwryd Hotel, who led the rescue party on Sunday.

The accident occurred when the climber who was killed, Michael Harvey, was at the top of the Trilon climb on Carreg Wastad, bringing his second up on the rope over the Crux, the hardest part of the climb. The second fell, pulling Harvey off his stance. Harvey was belayed at the time, and it was thought at first that a karabiner (a small metal snap-link) in his belay had been wrenched open by the strain.

Two climbers, Mr. Peter Biven and Mr. Hugh Banner, puzzled by the unlikeliness of this, went up to recover Harvey's belay. They found two rope-slings still on the rock, neither showing any sign of strain. Harvey had belayed himself, they discovered, by attaching these two slings round the rock to a third round his waist with a pair of linked karabiners. They tried to reproduce the conditions of the accident, and were so successful that they almost met with the same fate as Harvey.

The climbing-rope, they found, passed over the hinge of one of the karabiners. The tightening of the rope, such as would have been caused by the second's fall, opened this karabiner and unlinked it from the other one. They repeated the experiment several times, each time with the same result.

Climbers should be warned, thinks Mr. Briggs, either to turn karabiners used in this way upside down, or to use screw-lock karabiners, and never to use them in pairs. A rope-sling

would not unlink itself from a karabiner as easily as another karabiner does."

It should be noted that Harvey used a rope sling for waist attachment, linked by a SCREW karabiner which on recovery was not screwed up and was bent by the strain.

EDITOR.

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A bed must be a more dangerous place than a mountain since more people die there.

MARK TWAIN.

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"A TELEGRAM TO NASSAU"

or

REPORT ON A MEET TO SOUTH WALES

If you are unable to be present at the wedding of a relative, the next best thing is probably to send a telegram expressing best wishes or condolences depending on your attitude. If you are separated from the reception by the Atlantic Ocean a cablegram is necessary. If, in addition, you are spending the week-end in South Wales, it is better to forget the whole thing and send some fish-knives.

We walked into the village of Ystradfellte after a late breakfast and sheltered from the 'bright intervals' forecast by the Air Ministry. Entry to the post office was barred by a wrought-iron gate, painted a few hours before, which defied the combined efforts of the party. Still bearing the marks of this encounter we enquired at a nearby cottage. The lady of the house returned with us and, planting a foot firmly on its lower edge gave the gate a good shove in the right direction. After about five minutes hammering on the door, the postmistress appeared. Normal conversation was impossible as she was very deaf but with the aid of our friend from next door we established that a telephone was not considered to be an essential part of the equipment of a sub-post office. It had now stopped raining so we headed for a public call-box at the other end of the village. The cable was dictated whereupon the operator demanded the sum of one pound four and a penny. A quick check showed that three and fivepence was our limit so, picking up our interpreter on the way we returned to the post office for change. A little preliminary bellowing admitted us to the dark and dusty

inner sanctum where a drawer was opened disclosing a remarkable assortment of empty copper bags, old postal-order counterfoils and a tin cash box which yielded about four and sixpence, mostly in halfpennies.

The search for wealthier natives led inevitably to the pub but with food at one and three a pint there was little of use in the till. The customers, however, cheerfully contributed to the slowly but steadily growing pile which, for convenience, was now being carried in a borrowed 'sou'wester' by two of the stronger members. Our interpreter departed to empty her husband's pockets and returned with two more sixpences and rumours that several nearby houses contained similar hoards.

Shortly after closing time we reassembled at the 'phone box and arranged our collection in neat little piles on the shelf. Shillings are now, alas, a rare collectors item, sometimes found in old gas meters, so we were faced with the task of feeding some sixty coins into the box. After warning the operator to stand by, loading commenced with an assistant calling the total as each shilling was reached. The operator collapsed with a fit of the giggles as the sounds of mechanical digestion went relentlessly on. At one point the box seemed to have had an ample sufficiency for, with an apologetic hiccough it regurgitated sixpence. A sharp blow in the solar plexus persuaded it to see reason, and it rather unwillingly accepted dessert in the form of coppers. The rejected coin was cunningly sneaked back in to complete the repast and the operator recovered sufficiently to order the pressing of button 'A'. The box rocked gently on its foundations and a local inhabitant remarked that those lads from the South Wales Caving Club must be blasting again in Porth-yr-Ogof.

We heard later that the cable was received in Nassau about two hours before it was sent. This will not surprise the more intelligent of our readers for, as the briefest glance at a map will show, the route to the Bahamas is downhill nearly all the way.

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You want not to borrow but to make - - - - You wish to see perhaps, the Alps or the English Lake Hills through none of the beautiful stained glass that Byron and Ruskin, Turner and Wordsworth would interpose between your sight and these things 'as they are', but through the glass, whatever its tint or

tintlessness may be, of your private temperament.

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C.E. MONTAGUE.

"TYN LON" PROGRESS REPORT

The Conveyance of the Property to C.M.C. Trustees was signed by the three Trustees (Mary Kahn, R. Close and E. Webster) on 30th July and the balance of the purchase money paid so that the Vaynol Estates can sign the deed, thus completing the purchase. The Trustees also signed the Trust Declaration as to their holding the property on behalf of the Club.

The following Friday evening, 1st August, the start of the Bank holiday week-end, saw a sizeable trek on the A.5. to Pen Ceunant. Added to the members and guests who had been in "residence" for some days before, the final count for the week-end was 16 members and 4 guests.

SATURDAY, 2nd AUGUST. Promptly at the "C.M.C. Union" hour of 10.30 a.m. Saturday, the initial working party of 7, being a self-constituted demolition gang, set to clearing debris and generally exploring the extent of renovations required.

Somewhat hopefully, as it turned out, equipment and materials had been brought in the expectation of exterior painting. These hopes were at once dashed when the porch was found to be worth nothing but pulling down, which John Knight did with expedition. After giving both moral and active support in this project, the ladies of the party got busy in the front garden and very quickly brought order out of chaos with much promise for the future.

A convenient place for burning the considerable quantity of rubbish (including 30 to 40 layers of wallpaper stripped in places!), was found in the concreted sheep dip at the rear of the grass area behind the cottage. No sooner had the first "smoke signals" arisen, when the tenant of the neighbouring field, Mr. G. Williams, hurried across from his cottage opposite to demand what we were up to, using his property. The Treasurer (who had started the fire!) was able to satisfy him that the dip was on our ground and cordial relations were soon established, resulting in the generous offer by Mr. Williams to use any of his tools and equipment stored in the outbuilding, the wheelbarrow proving particularly useful, saving much arduous carrying.

It was not long before our efforts were noticed by other

Nant Peris villagers. Chief amongst these, naturally, was the grave-digger with his plots on both sides of the road!

SUNDAY, 3rd AUGUST. Sunday saw 6 other members joining the working party when the stripping of walls and ceilings continued. The main demolition this day was the removal of the "wood-wormed" loft flooring. Chairman John Knight exhibited considerable powers of strength and endurance in tackling this job with an axe. After the flooring had been prized up, "Elephant Bill" Ray Reeves used his height and strength to advantage in literally tearing out some crossbeams with his hands! The beams which resisted Ray's efforts were dealt with by the Chairman "leading" from below with a bow-saw, Tony Hammond being a useful but precariously placed "second", balancing on the beams, being "belayed" by the Treasurer, who operated a "quick-change" service of saw and axe.

MONDAY, 4th AUGUST. Bank Holiday Monday proved good for "Tyn Lon" and bad for climbing activities. The disappointment this day was to find, after laboriously scraping many layers of paint from the windows, that the woodwork below was so rotted in places that new window frames may be required. This may perhaps give an opportunity to replace with larger windows and panes to the benefit of a lighter interior.

With 6 further reporting for duty (making 19 members and guests putting in their stint during the "holiday") a start was made on stripping the ceilings of layers of distemper with a base of blue oil-bound distemper which need scraping and chipping by the square inch! The technique of dodging the resultant flaky powder was soon acquired, timely use being made of a "Squire's" top hat found on the premises. A faulty patch in the ceiling of the smaller (and older) cottage was vigorously tackled, with scenes reminiscent of "bomb damage".

TUESDAY, 5th AUGUST. With the majority having returned to the "rest-cure" of their normal occupations the previous evening, on Tuesday a good fire had been got going inside in time to be of assistance to Mike King and two companions who had been coping with the appalling weather conditions "under canvas" further up the Pass. Having dried themselves out they got interested in the timber back wall of the small room on the ground floor. As it had been decided to remove this "to see what was behind", Mike spent an energetic quarter

of an hour with the axe and the job was done.

Earlier in the day, the Chairman and the Treasurer had contacted a builder up at Clogwyn Station by Mountain Railway Telephone! Due to the inclement weather, Tom Lennon, the builder, was on his way down and thus he readily agreed to come straight away to Tyn Lon to advise on work to be done in the back premises. It is proposed to put in two large windows in the back wall to give light and ventilation in this Kitchen section. The loft over the small cottage section is to be replaced at a higher level giving more head-room below. The builder advises that it will prove a cheaper, quicker and better job to knock down and rebuild the upper part of the back wall to this section after positioning the windows. His quotation for this and other works will be considered by the Committee in due course.

With the departure of Chairman Knight on Tuesday evening, leaving Treasurer Storey "in residence" at Pen Ceunant for a spell coping with sundry "admin." matters, the four days of the Bank Holiday had resulted in 19 members and guests putting in a total of nearly 25 man (and woman) days in this initial assault on the Tyn Lon renovations. This was a magnificent start, particularly as no one was asked to help. All who came, immediately saw the numerous jobs to be tackled, and set to with a will.

WASHING FACILITIES AND DRAINAGE.

It is possible that we may be able to link up with the Rural District Council's main sewage serving the council houses almost opposite the cottage. Preliminary discussions have been had with the R.D.C. Surveyor who has stated that there will be no objection to our members undertaking the trenching and laying of pipes under his supervision and has offered to loan a dumpy level for the necessary survey. Tony Daffern agreed to undertake this work and be Clerk of Works if the survey shows the proposition to be practicable, and he came through on 15th August to start this.

Seven stalwarts, frustrated by a gloomy and rainy start to Saturday, 16th August, were soon at work inside, chipping and scraping walls and ceilings. When the rain ceased, Tony Daffern, after an early call on the R.D.C. Surveyor at Caernarvon, set too with a motley band to trace the likeliest spot to link up with the main drainage in the adjoining field. With an even more motley collection of surveying rods (pitchfork, rake and broom!!!) the theoretical spot was marked and a trial digging made. Doubt

began to creep in after digging down some 2'6" without success but at 1.20 p.m. Dan Davies made the "strike" on the sewage pipe to vindicate his climbing partner's surveying ability.

A little earlier, the morning milk had arrived so the event was duly celebrated, with a very welcome "cuppa" in blazing sunshine.

With this task very well done, the digging was replaced to Mr. Williams' requirements and most of the "gangers" went up the Pass to enjoy a very well deserved afternoon's climbing.

The minimum pipe length to link with the main is 75 yards (approx.) which contracted out would cost about £100. With our own labour the materials cost would amount to (say) £40. Either figure would be money very well spent (what a saving on the "midnight" patrol). The result of Tony's survey and his more expert report will be included in the next News Letter.

It is proposed to instal washing and shower facilities, a flush lavatory (subject to sewerage scheme) and a drying room in the outbuilding. A further report thereon will be given in the next News Letter.

S.A. STOREY.

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If you were born to walk the ground remain there - do not fool around(!)

HILAIRE BELLOC

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The Crib Gock - Snowdon ridge is one and a half miles long. It is significant to be reminded of the famous Swiss guide visiting Wales one winter time who, on being asked on Crib Gock how long to the summit of Snowdon, replied in mountain fashion - "five hours".

The journey was accomplished in an hour.

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Did you know that under the "chaise longue" in Pen Ceunant is a choice selection of carpeting and matting to make you feel more cosy, especially on all night card schools.

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Have you climbed Probascis Ecclesiasticus ?

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Give me a man tolerably tough, literally educated, not given over to care and luxury and also appreciative of the beauties of nature; what greater enjoyment can he find than in mountaineering.

CONRAD GERNER 1955

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We particularly welcome the following introductory message from the Rev. Allun Jones, Rector of St. Pedam, Llanberis and St. Peris, Nant Peris as, with the occupation of "Tynlon", we are his parishioners in both parishes. We look forward to his attendance at the official opening of "Tynlon" in due course, when we shall be hosts to the villagers.

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A VOICE FROM THE CHURCHYARD

We peer over the wall to behold our new neighbours, and are pleased to observe that they look quite human, even though we may look rather other-worldly from your point of view. We pen these few lines to welcome you as new residents to TYN LON at NANT PERIS. I gather that you are no strangers to the district but you are getting yourselves a new home, and I am confident that the old house will be quite a show place by the time you've been at it a few weeks. I am confident also that you can do much to brighten the life of the hamlet of NANT PERIS, so that when the people talk about B-Climbers, they will mean, bright, breezy, benevolent and all other kinds of beautiful things.

To ensure this sort of harmony will you allow the parson to write parsonically, and exhort you to:-

- 1) Respect the mountains - or you may find yourself resident on our side of the Churchyard wall!
- 2) Respect the traditions of the Village. Now you will be very much in the public eye, and it will be to your advantage to become as native as possible in sympathy and interest (Welsh hats optional!)
- 3) Respect the Church. It is there for the worship of God whose wonderful Creation you so obviously enjoy.

Your new home is next door to the Ancient Church of St. Peris. Little is known of Peris, but he was one of those numerous sixth century saints. There has been a Church on the site since those early days, and there was probably some other

kind of religion flourishing before Christianity came, as the presence of the old well testifies. Very often an old holy well near a Church implies that it was a centre for some form of pre-Christian worship. After all, it's instinctive to worship some kind of God. The present Church building is mostly fourteenth and fifteenth century. The old beams and the screen are, of course, really ancient. The date on the bell is 1610 so you need not climb on to the roof to find that out! But why bother you with these things, if ever you want to look up the history of the place you will find it in a frame in the Church, where you can refresh your memory about these things, whenever you want to.

Well, that must be all for to-day. I am looking forward to meeting you all from time to time and I may be allowed a corner in your News Letter again some time, so for this time it must be merely to say,

CROESO I TYN LON - Welcome to Tyn Lon!

The Rectory,
Llanberis.

Alun Jones
Rector

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EDITOR'S NOTE. Copies of the July 1958 report on the Church Restoration Appeal and the Bangor Diocesan News-Sheet for August are exhibited in Pen Ceunant Common Room. The News-Sheet contains a photograph of the interior of the Church in its present "work in progress" state.

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"TYN LON" LOAN. With the proposed sanitary, etc., installations, referred to in the "Progress Report" the original estimate of £270 for purchase of the cottage and equipment will be exceeded. 27 members responded to the initial appeal in raising the amount required.

Will all other members who are able to loan £1 or more, please let me know if they are willing to contribute. No money need be sent at first. I will contact individuals, as and when the cash is required.

S.A. STOREY, 60 Westwood Rd. S. Coldfield.

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An attempt to ascend the Slanting Gully on Lliwedd by the Abrahams original route was repulsed. It is not considered to be quite in order to publish an article on the climb without first hand experience by the writer, and pending this, the documents await completion!

M. KING.

TYNLON. The following indication of work to be carried out at Tynlon is offered for the convenience of members.

Electrical Installation. The wiring is partly completed. Ken Reynolds is in charge and will welcome any assistance week ending 20th September.

Drainage. A big effort will be needed for three week-ends to dig the necessary trenches, lay pipes and connect into the main, commencing with the coach party of 27th September. Enquiries and deliberations have shown that this is essential to comply with the local health authorities. 'Bun' Dalley and Tony Daffern are the 'specialists in charge'.

Cementing and Plastering. There is a considerable amount of this to be done before interior decorating can be carried out. Pete Willan has volunteered to supervise this work, and will be glad to learn of any other member with suitable experience.

General Building and Carpentry. This is under the vigilant eye of John Urwin. The full scope of this work has yet to be decided, and final decisions will depend on finance, time and members' needs.

John Knight has agreed to co-ordinate the work and should be contacted for details of jobs outstanding and materials available.

It is hoped that all members will do their utmost to join a working party at "Tyn Lon" as quickly and as frequently as they are able. The conditions for "full working week-ends" at no cost to participants are given immediately following this report.

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HUT WORKING PARTIES AT TYNLON

Conditions for Free Transport and Hut Fees.

- (1) Transport. Vehicle running expenses will be repaid when each vehicle conveys out and home a minimum of three persons undertaking two consecutive full working days at either hut.
- (2) Hut Fees. No fees will be chargeable to any member for each day undertaking work at either hut for a minimum of two consecutive days.
- (3) Qualifying Approval. Each vehicle owner conveying a working party as above is required to obtain the prior approval of any two of the following:-

Chairman: John Knight
Hut Warden: John Urwin
Treasurer: Stan Storey

Details of work done by members should be submitted to the Chairman within three days of completion of visit, so that progress may be recorded and controlled.

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It is sincerely hoped that efforts will be made during the winter months to do some notable ascents. Those able to visit Scotland will be envied, but there could well be some suitable conditions in Wales.

Fine serious sport can be provided by the Great Gully of Craig Yr. Ysfa and the Western Gully on Carnedd Dafydd for well equipped parties.

The Snowdon Trinity Gullies can nearly always provide fine climbs in season, and the slopes of the great Cwms on the Northern side of the Carnedds can give long spells of cutting. Far from the beaten track, the Cornedds are inspiring in winter and there are some fine gullies to the right of Craig Dulyn, a seldom visited and awesome place.

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IMPORTANT: Three shillings and fourpence was dropped by a Cromlech Club Member in Corrugated Cracks, Craig Cwrwgl.

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Congratulations to Phil and Joy McMahon on the birth of John Stephen on 23rd August.

Our roving reporter scooped this in "Paradise Street"!

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Sheila and 'Bun' Dalley are to be heartily congratulated on the birth of a son - James Andrew - on 17th August.

How should we re-act toward Diana and Dennis Long, for have they not apparently been hiding daughter Anne Marie under a bushel since 1st April?

Belated and most heartiest congratulations!

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At the indoor meet on 30th July, Chairman John Knight made the presentation, on behalf of members, to Joan East and to John

Urwin of a Stuart Crystal Fruit Bowl set.

John, in a witty expression of thanks, even let us know where the honeymoon was being spent! As this was Northern Norway he felt on safe ground. Little does he know!

The treasurer wishes it to be known that the presentation fund is still open, as there is a small balance still in hand. Any contributions by members prevented from donating originally, will be welcomed towards a supplementary present.

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WELSH PRONUNCIATION.

It has been ascertained that phonetically the names of our cottages would read:

Pen-Kye-nant
Tin-Loan

'Tynlon', incidentally, means "cottage in the lane", no real indication of its age since it is known to have been occupied by the Closs-Jones family of Nant Peris continuously for over three hundred years!

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A "SUPER" HITCH-HIKER

On a recent journey back from N. Wales, a lift was given to an obvious "climbing type". On enquiry as to his destination we were somewhat taken aback when he replied "London":

Before dropping him at Shrewsbury by-pass he amply repaid for his part journey by recounting some of his "hitching" experiences. He makes the trip virtually every week-end, travelling by night train to Bettws on Fridays, hitching or trekking to "Scotties" and returning each Sunday evening by a variety of lifts! His most reliable contacts are lorry drivers but his conveyances have varied between Furniture Vans and Bentleys!

His tale of a lift to Glencoe with a driver more than "half seas over" is worth getting verbatim from him. Pat Band will endeavour to get him to put pen to paper at an early opportunity.

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'Jose' Reynolds, wounded in action at Tynlon in the first

engagement, is reported to be progressing satisfactorily. Rumours that she has applied for training with the Forestry Commission are stoutly denied.

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ALL MOD. CONS. A meter reader called at a cottage in a remote Snowdonia village only just supplied with electricity - which most of the inhabitants have refused to install.

Finding that the cottager had used less than one unit, the official asked her if she thought it was worth her while to have current at all.

"Oh yess indeed!" she replied. "I put it on every night to help me see to light the lamps."

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FOOD FOR THOUGHT. "A good second should always follow the climber he is belaying with his eyes. He should climb with him and constantly think of what to do if he should fall. If this is done then certainly the climber will soon develop a feel of what to do and when. He will always be ready for the emergency, and he will apply a proper technique, and not thoughtlessly adhere to any one way of belaying, which in a particular case might be entirely uncalled for".
(HANS KRAUS)

Have you ever considered, while basking in the sun on a stance and 'lothargically' paying out a rope round your waist as the leader moves up above you, what would happen to you if the leader fell? It would not be very pleasant. It would hurt. If you were not prepared for the fall you may be badly injured. The leader will be injured even more if you fail to stop his fall. If you have ever thought about this during a climb, you have probably dismissed the subject with - "I hope he doesn't fall; he's not likely to."

Here are a few ideas and suggestions set out in the hope of encouraging YOU to THINK a little more about this subject.

- 1) It is not the fall, but the sudden stop which hurts. A sudden stop will hurt you as well as the falling leader. If you are hurt what chance have you of successfully holding the falling leader?
- 2) A good belay protects you as well as the leader. Are you belayed properly? Is the rope tight between you and the belay? What direction will the pull be in if the leader comes off?
- 3) The rope is your only link with the leader. Is your equipment in good condition?
- 4) Sit down where possible. With a sitting belay you can resist a far greater force, with less likelihood of complete failure, than with a standing belay. Do you ever seriously think about technique while belaying? Have you ever practiced holding a falling person? As in any other technique, the dynamic belay is valuable only if properly applied in a proper place.
- 5) When a strain comes on a rope round any support, it exerts a torsional effect on that support. This, in practice, will be just less than half the tension of the rope. How will this torsional effect of the rope affect you? Will you be pulled off the stance, or will you be swung against the rock?
- 6) It is not safe to lead pitches of more than 70 ft. without some form of running belay. Do you know where NOT to use running belays? When a running belay is put on are you going to reconsider your belaying technique?
- 7) A running rope generates heat due to friction. The harder you grip the rope, the more friction and heat will be generated. What effect is a running rope likely to have on your hands? What about using a leather glove?

TONY DAFFERN.